

ACA Intergroup Minutes October 2020

Welcome and round the room	
Service Prayer	Higher Power, we are your trusted servants seeking to support ACA and its primary purpose. Please remind us that the life of our program and our own recovery depends upon our willingness to put the unity of our intergroup first, above our own will.
Tradition	(10) Adult Children of Alcoholics has no opinion on outside issues; hence the ACA name ought never be drawn into public controversy.
Concept	(10) Every service responsibility should be matched by an equal service authority—the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description, or by the Operating Policy and Procedures Manual and bylaws.
Attendees	
IG Sydney	Service Positions: John M. (Chairperson), Bill H (Treasurer), Tiffany M (Secretary), George (Zoom Convenor), Simone (ACOA Sydney Telephone), E News (Alison)
IGs Australia	
GSRs	Crows Nest Monday Night (Brooke), Narraweena Tues (Maria), Men's Group Wed (Bill H.), New Hope Thursday Evening (George), Saturday Morning Ultimo (Nic), Lunchtime Meditations (Clare), Maroochydore (Alison)
Observers	Kevin (Melbourne)
Apologies	Lawrence (ACOA Sydney Global Rep. and Ready Set Go), Oriana (Activities), Sharon (World Service Position), Leonard (Literature)
Previous minutes	MOTION: To accept the September Intergroup Minutes with noted amendment on page 2, identifying Bill as Treasurer: Moved: John M Seconded: Maria M Accepted Unanimously

GSR Reports	
General	Chair identified: <ol style="list-style-type: none"> 1) The resignation of Tiffany F from Admin/Website Coordinator roles and Lisa J who supported the new website work 2) New Website has problems and Kevin (Melbourne) would provide an update later in the meeting

GSR Reports	<p>Narraweena Tuesday Afternoon (Maria M): Group transferring \$450 to Intergroup this month. Averaging 10 people at F2F meeting, and around 7 on zoom meeting (mostly interstate and international people).</p> <p>Crows Nest Monday Evening: 10-20 people participating each week in zoom meetings. The meeting will be holding a group conscience to discuss face to face meetings and insurance issues.</p> <p>Lunchtime Meditations (Clare W): there are 30 – 50 people participating each day, with 7-12 regular international participants. A group conscience was held to change the meeting format – this will include meeting subject and having the opportunity for people to have larger shares. No donations have come through but 7th Tradition information is identified regularly. This group set up the Monthly Speaker meetings on Sundays (2nd Sunday of each month featuring international speaker who is in long term recovery)</p> <p>Ultimo Sat Morning (Nic): Meeting is still operating as a zoom meeting. 30 regular participants, lots of international participation. The paypal request was explained. 7th tradition donations are back up and there isn't a need to have paypal details listed on the website with meeting details listing.</p> <p>Men's Group (Bill H): 15-20 people participating in meeting. It runs on the Intergroup Zoom account and are providing a contribution to Intergroup for this. Only issue to report was daylight savings change which caused a bit of confusion for overseas participants. This has been sorted.</p> <p>New Hope, Thursday Evening (George G): 50 people participating regularly. Chapter 1 was started last week. The meeting has a WhatsApp page which is active and reaches 100 people. Recovery groups are developing as well as study groups using the Yellow Book.</p> <p>Sydney ACA Food Addictions and Emotions (Tiffany M): Meeting held its first business meeting on 4th October with 23 participants. There are 7 group members. Service roles were discussed and filled. It was agreed that the group would hold 30 minute business meetings on the 1st Sunday of each month starting at 7:05pm.</p>
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Executive Reports			
Service Positions	Secretary Tiff. M Chair John H&I Vacant Literature Leonard	Treasurer Bill WSO Sharon Activities Oriana RSG Lawrence	Admin/Web Vacant Info Jules E News Alison ZOOM George
Treasurer Bill	Intergroup Account \$1288	Literature Account \$6955	Activities Account \$1175
Treasurer Bill	Bill is still doing a handover with Deb. Summary provided: Intergroup 7 th Tradition: \$1288 Activities: \$1175 Literature Account: \$6955 (reduced due to large literature re-stock order)		
H & I Bill	This position is still vacant but someone has approached Bill to possibly take this up. Bill will report back at next inter group meeting.		

<p>Literature Leonard</p>	<p>Stock level BRB 96 Yellow workbook 107 Traits workbook 82 Strengthening my recovery 76 Newcomer booklets (pack of 5) 62 Banner sets 4</p> <p>Shipping times Have been up to 5 days to ship from completion of payment due to my full time job. This contract work is due to finish next week, so shipping times should improve.</p> <p>Shipping costs Are due to come down as I have signed us up for a business my post account that rewards volume of shipping with cheaper rates. There are 5 different bands, and the more you ship in a month, the higher the band, the greater the discount. As this is a discount that could vary, I recommend our shipping rates remaining as they are for the short term at least. The additional revenue can be used to assist intergroup.</p> <p>Publishing locally Have been approached by WSO literature about the option of publishing locally, especially in light of the recent order volume, which totalled close to \$10,000. ACOA in the U.K. have done it, and we have been introduced. I won't be able to manage organising something like this on my own and would recommend a task group created to manage this. The benefit is to be able to offer literature at a cheaper price, provide reliable distribution through Australia and NZ, potentially asia too. Also, we would reduce our carbon footprint by ceasing air freight from the U.S.</p> <p>Transition to new literature chair As I'm currently finalising plans to relocate overseas in the first half 2021, if you are interested in taking over this role (which is going to be even easier if we publish locally - because they will likely publish, store and distribute on our behalf, at least that's what they do in the U.K.) now is a good time to get acquainted with the role to ease into it, rather than being thrown in the deep end when I won't be in the country.</p>
<p>WSO Sharon</p>	<p>No report for this meeting. The Chair identified that Intergroup Sydney will not be submitting a proposal for the ACA WSO Annual Business Conference.</p>
<p>Activities Oriana</p>	<p>No report for this meeting.</p>
<p>Ready Set Go Lawrence</p>	<p>Next Ready Set Go workshop to be held 17th and 18th October. The program has a lot of traction and workshops are booking out. Study groups are envisioned for follow up to the workshops.</p>
<p>ZOOM George</p>	<p>Two zoom accounts are running. ACTION: George to provide Tiffany M with zoom account details</p>

Admin/Web Vacant	<p>Tiffany F has resigned from her Admin/Web Coordinator roles and Lisa J who was also working on the new website.</p> <p>MOTION: Intergroup Sydney thanks Tiffany F for her tireless service to Intergroup and the multiple roles she oversaw, in particular the work she undertook on the new ACOA Sydney website. Moved: Alison M Seconded: George G Accepted Unanimously</p> <p>New website: Perception was contracted to create a new ACOA Sydney website. They have not fulfilled their contract requirements and there are issues with the website's design and its functionality. Options were discussed during the meeting and it was agreed that Perception needed to complete the work they were contracted to undertake. ACTION: George and Kevin to contact Perception to address problems and request fixing the problems of the new website and incomplete contracted works</p> <p>MOTION: Kevin (Melbourne) to fill Website Coordinator Role Vacancy Moved: John M Seconded: Clare W Accepted Unanimously</p> <p>ACTION: Kevin to provide website update at next Intergroup Meeting</p> <p>ACTION: Tiffany M to contact Tiffany F for admin handover</p>
Info Email Jules	No report
e-News Alison	<p>September Newsletter sent out to membership.</p> <p><u>10th October, 2020. ACA Sydney IG Newsletter Report.</u></p> <p>Hi, my name is Alison and I am an adult child & a precious child of my HP. I have now completed the 3rd edition of the ACA Newsletter. I am learning a bit more about how to create, edit, publish and distribute the newsletter using ACAs 'mailchimp' account each time. The latest issue contains an article describing one person's experience of the Ready! Set! Go! Workshop. I have tried to create a balance of content in the Newsletter which includes: -factual information; reader's contributions; and a nurturing, caring and sharing section. Please send me any ACA related material you would like included in the Newsletter. Short anecdotes, stories about milestones and miracles you have experienced in your recovery. I'd also love to see photos of your inner child's cuddly toys. Thank you & please feel free to email me anytime with letters, suggestions & feedback to: - newsletter@acoasydney.com.au In Service, Alison.</p>

Continued Business	
Role Vacancies	<ul style="list-style-type: none"> H&I Vacancy still exists. Bill will keep up role to the end of November. Bill will approach person who expressed an interest in this role previously. Literature Chair role needs to be addressed as Leonard will be stepping down
ACA Sydney Telephone Service	<ul style="list-style-type: none"> Simone has had some challenges with Optus and asked for support with getting this contract set up. Action: Tiffany M to support Simone

New Business	
Survey about zoom meeting safety	Alison identified survey that is being conducted about zoom meeting safety. She sent this out to members who subscribe to the ACOA Sydney Newsletter.
Intergroup Meeting Time	Chairperson was approached to see if Intergroup Meeting time could be changed. It was agreed that the time of intergroup meeting would remain 11am.

Next IG Sydney Meeting
